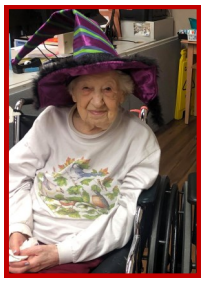
The Caring Times

NOVEMBER 2019 EDITION

SPECIAL EVENTS!

- 3 - Time Change
- 4 - Linda Lee
- 9 - Fall Social
- 11 - Veteran's Services
- 14 - Harold Miller
- 18 - High Fidelity
- 19 - Bowling Outing
- 22 - Fall Craft with Sarah
- 28 - Happy Thanksgiving!
- 29 - Black Friday Bingo Store



Like our "Bay County Medical Care Facility" page on Facebook for more facility updates and special events!

Follow us on Instagram

BAY COUNTY MEDICAL CARE FACILITY

WE CARE FOR OUR RESIDENTS

4 - Mary Auman

10 - Carole Michalsky

18 - Clarissa Capp

21 - Eleanor Hummel

22 - Lorraine Crandall

23 - Violet Norgan

In Loving Memory

Grace Finkbeiner

Irene Vermeesch

Harry Macnowski

Bernard Demski

Aileen Beyett

John Nichols

Leon Wolfe

Paul Calopisis

Jiji StCharles

BAY COUNTY MEDICAL CARE FACILITY

CONGRATULATIONS ARE IN ORDER

November Resident of the Month:

Carole Michalsky

Carole Michalsky is our November Resident of the Month! Carole grew up in Monitor Township and always had a dream of being an elementary school teacher. She eventually attended Bay City Junior College and there she met the love of her life, her husband Jerry. The two of them both pursued their teaching degrees at Michigan State University. Carole worked for the Bay City Public Schools and mostly taught second grade until her retirement.

Carole and Jerry have two children and six grandchildren. She says that she loves anything artsy and also loves her dog Sparty and her cat Candy. She loves to play bingo, listen to music and says that she loves how friendly and kind the staff is to her and knows they would do anything for her. Her room is known as the "Candy Stop Shop" for all staff members and her husband likes to bring her a blanket for every season to keep her warm.

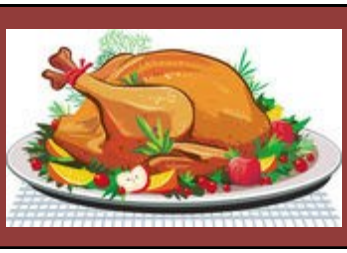
Congratulations Carole!

November Employee of the Month:

Traci Lutz

Our employee of the month for November is Traci Lutz. Traci has been a loyal and dedicated employee with Bay County Medical Care Facility since March 20, 2017.

Traci is currently our Wound Care RN Nurse. You will always catch Traci with a smile and she is always willing to going that extra mile! Her co-workers describe her as a hard-worker, a team player, caring, compassionate, and a very positive person. Traci is one that always lends you an ear to listen and is definitely a GREAT leader to ALL.



BCMCF NEWS

Construction Update

The East nurses stations are completed.

The Dining Halls are very close to being completed.

The Beauty Shop is expected to be completed in the next few weeks.

The vestibule is now heated.

Shower rooms near completion.

COFFEE IS SERVED DAILY IN THE ACTIVITY DEPARTMENT

Dennis Gwizdala will be live in concert, here at BCMCF, on December 3rd, 2019 at 2pm!

Beauty Shop Hours

Mon. - Thurs. 8:30AM to 11:30AM

Cuts and sets are FREE.

Perms and colors are available for a charge.

Please see Activities to make an appointment for perms and color.

BAY COUNTY MEDICAL CARE FACILITY

BCMCF NEWS

AUXILIARY NEWS

The month of November is here. The Holiday Season has officially started and our auxiliary members enjoyed October's successful luncheon. We offered sloppy joes, hot dogs, great desserts, pop and chips. We appreciate all who participated in our lunch and supported yet another auxiliary fundraiser. Our next auxiliary luncheon will take place in January.

Now our efforts turn to our annual fundraiser which will be held on FRIDAY, NOVEMBER 22nd from 8 a.m. until 1 p.m. There will be a bake sale featuring a cookie walk, breads and other treats. Attic Treasures will also be available during our fundraiser. There will be a wide variety of items and you just might find something new to add to your treasures! This fundraiser will take place in the Activities Department just off the main hallway at Bay County Medical Care Facility. We will also be featuring a 50/50 raffle to be held on that day. Our annual raffle tickets will also be available offering CASH prizes! You will find members selling these tickets on Saturdays and Sundays before the sale.

This project is our major fund raiser of the year. We so appreciate all the help and support we receive from so many. Please join us on FRIDAY, NOVEMBER 22nd.

HAVE A WONDERFUL THANKSGIVING!

3rd Best Nursing Home in Michigan!

Rank	Nursing Home	City	Hospital beds
1	Hillsdale County Medical Care	Hillsdale, MI	170
2	Tuscola County Medical Care	Caro, MI	159
3	Bay County Medical Care Facility	Essexville, MI	206

BCMCF Board Members

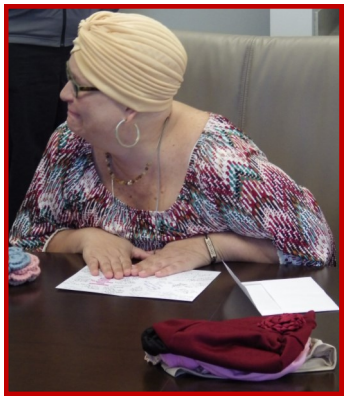
From left to right : Cynthia Howell (Vice Chair), Kim Bejcek (Board Member) and Sandy Shutt (Chair). Thank you all for all that you do!

BCMCF NEWS

#team Carrie!

If you would like to order a shirt to support #teamCarrie please contact Renee Koch in our Restorative Department.

The deadline for shirt ordering is Monday, November 4th.



BCMCF fights with Carrie!

BCMCF NEWS

THE DOC IS IN!

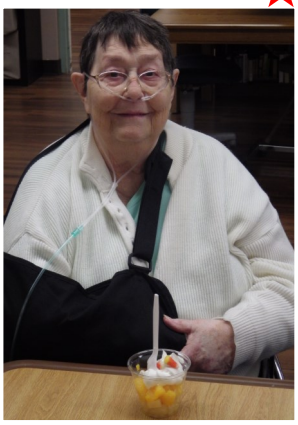
Podiatrist..... **Friday, November 22nd.**

Optometrist...**Wednesday, November 20th.**

Dentist.....**Tuesday, November 5th.**

Audiologist.....**Tuesday, November 19th.**

Active in Activities!



BEST NURSING HOMES 2020

Newsweek

POWERED BY statista

Certificate

Based on the results of an independent analysis, Newsweek recognizes

Bay County Medical Care Facility

as one of the

"Best Nursing Homes"

in the state

Michigan

The following parameters were taken into consideration:

Recommendations from experts
(e. g. nurses, nursing assistants)

Key performance indicators on staffing,
quality measures and health inspections

Nancy Cooper
Global Editor in Chief
Newsweek

Manuel Mörbach
CEO
Statista Inc

Newsweek statista

A THANKSGIVING DAY TRADITION

Macy's Thanksgiving Day Parade in New York City, one of the world's largest parades, is put on annually by the Macy's store chain. This parade started back in 1924, tying it for the second-oldest Thanksgiving parade in the United States which is America's Thanksgiving Parade, held in Detroit. The oldest parade is held in Pennsylvania and it is called Philadelphia's Thanksgiving Day Parade. The parade kicks off every Thanksgiving day morning at around 9:00am in Manhattan and lasts around three hours. It is a long running American tradition to gather around the television on Thanksgiving morning and watch all the floats go by. Every year the parade gets bigger and better.

Wikepedia

The Turkey Roost is a local favorite! You can have a Thanksgiving meal anytime, if you don't mind taking a short drive to Kawkawlin Michigan. They are known for having delicious food and very quick services. It usually only take about ten minutes to get your food, WOW!

BAY COUNTY MEDICAL CARE FACILITY

BCMCF FALL HEALTH FAIR

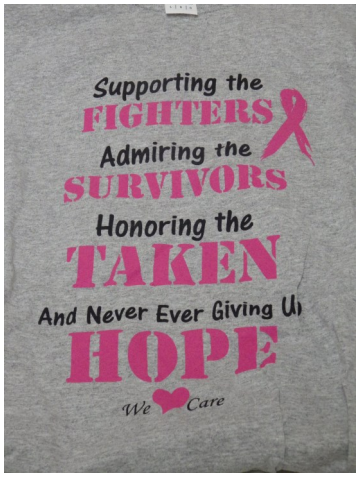
FALL INTO A HEALTHIER YOU

VETERANS DAY

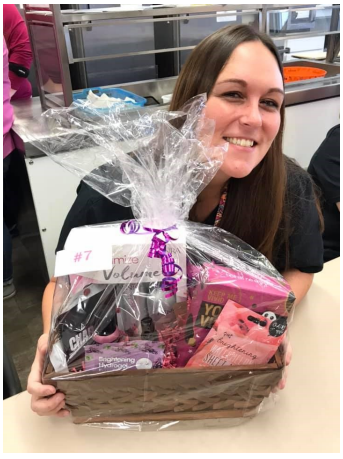
Bay County Medical Care Facility supports all branches of the United States Military.

BREAST CANCER AWARENESS DAY

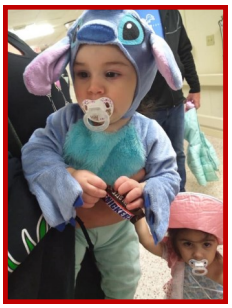
think pink

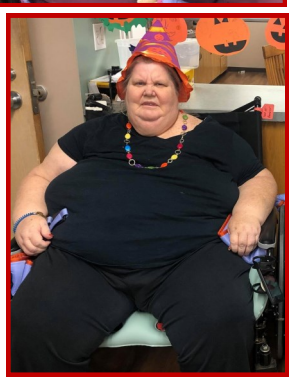


BREAST CANCER AWARENESS DAY



TRICK OR TREAT!





BCMCF NEWS

Welcome New Employees

Aryssia McPhee - Housekeeping
Jennifer Meyer - Housekeeping
Allison Harthun - C.N.A.
Emma Leinberger - Dining Room Assistant
Sarah Wagner - R.N.
Marissa Walraven - C.N.A.
April McCartney - C.N.A.
Natalie Rodriguez - C.N.A.
Devona Michalski-Guzdial - R.N.
Christina Wolverton - C.N.A.
Kendra Armstron - C.N.A.
Cheryl Carstens - C.N.A.
Joslyn Humphrey - C.N.A.
Mickaela Adkins - Dietary Aide
Ethan Sharp - Maintenance
Jessica Wesenick - Dietary Aide
Tanielle Cunningham - C.N.A. to L.P.N.
Amanda Haney - L.P.N.
Sandra Hampshire - L.P.N.
Christie Cisneros - L.P.N.

BAY COUNTY MEDICAL CARE FACILITY

BCMCF NEWS

Red Lobster

We had a great Red Lobster day!

"WHEELZZZZ"

An interview with Michael!

Michael Gloria
author of
"Wheelzzzz"

November's Interview Was With

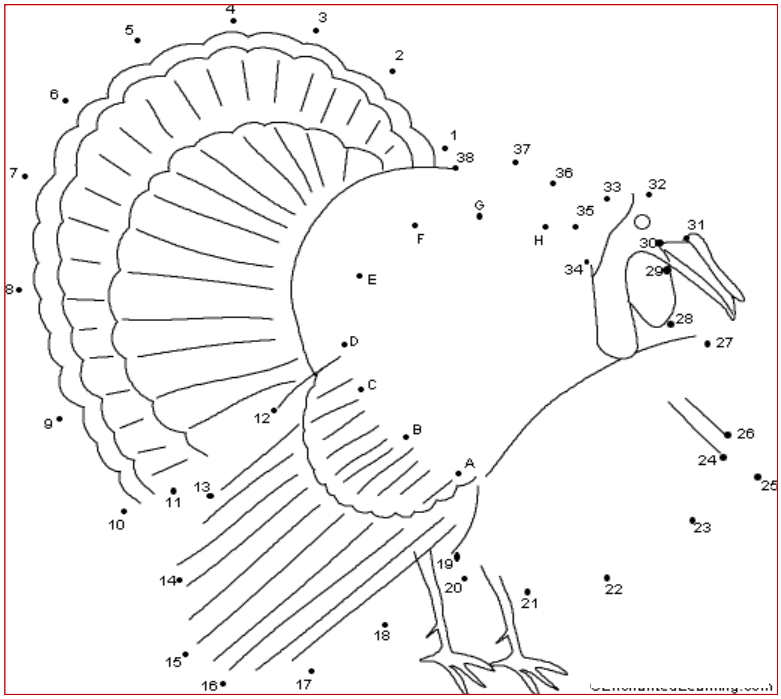
Kim Stock

1. Where are you from? I have lived in Bay City my whole life.
2. What is the farthest place you ever traveled to? Kansas is the farthest place that I traveled to. I had to eat at Arthur Bryant's Barbeque. It is thee best barbeque on the planet!
3. Did you do anything else in Kansas? I was in a Christian punk band that was called P2K. That stands for Pastor two and Kenny. Kenny was our drummer.
4. How long have you been in a wheelchair? I have been in a wheelchair for 18 years.
5. What lead you to BCMCF? Well that is a long story. I have had some issues and they are still trying to figure them out.

BAY COUNTY MEDICAL CARE FACILITY

November 2019 Pet of the Month

Congratulations to "Gavin" our BCMCF "November Pet of the Month". Gavin is an adorable and sweet little Yorkshire Terrier. He belongs to one of our C.N.A.s, Courtney Dekoski. Gavin is turning eleven at the end of November, but he is still filled with energy. Courtney says that he loves car rides, rope toys, tug of war and cuddling. Gavin loves to get into his backpack, and bring smiles to all the residents faces as he tours BCMCF. Thanks for visiting Gavin!



Gobble Gobble Dot to Dot

Pet of the Month

Pet Nominations are back! Please nominate your favorite BCMCF pets today! This is a lot of fun and we would like to keep it going.

GAVIN

BAY COUNTY MEDICAL CARE FACILITY

What is this November Stuff?

1.

2.

3.

4.

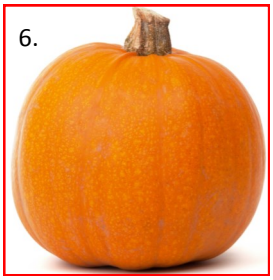
5.

"Thirty days hath September,
April, June, and November,
all the rest have thirty-one.
February has twenty-eight,
but leap year coming one in four
February then has one day more."

(One of Jimmy's favorite poems)

Can you guess some of these November favorites?

6.



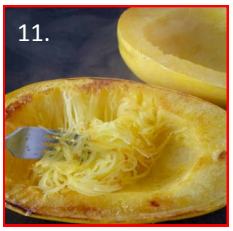
7.

8.

9.

10

11.



12.

13.

14.

15.

16.

<u>October trivia answers:</u> 1. Rock Candy 2. Candy Pumpkins 3. Reese's pieces 4. Reese's Peanut butter Cups 5. Hershey Kiss 6. Dum Dum Suckers 7. Skittles 8. Mary Janes 9. Rolos 10. Jolly Ranchers 11. Twizzlers 12. Peppermint Patty 13. Candy Corn 14. Tootsie Rolls 15. Dubble Bubble Gum 16. Snickers 17. Twix 19. Kit-Kat and 20. Milky Way

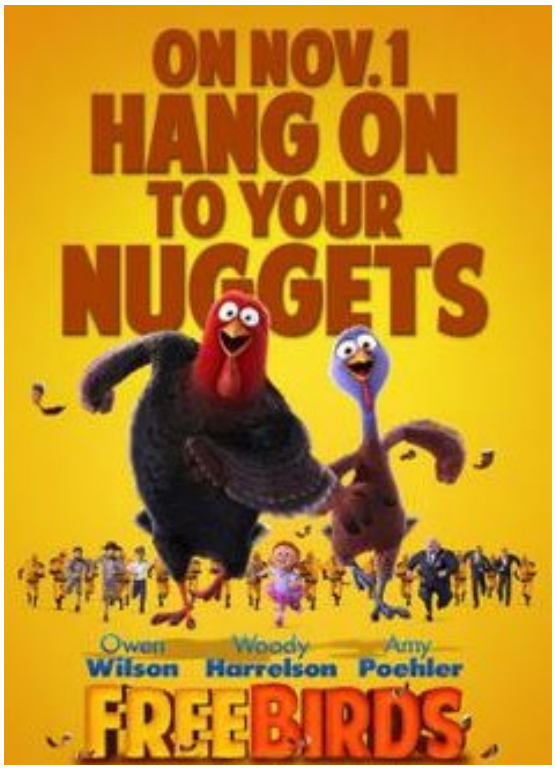
Thankful

BAY COUNTY MEDICAL CARE FACILITY

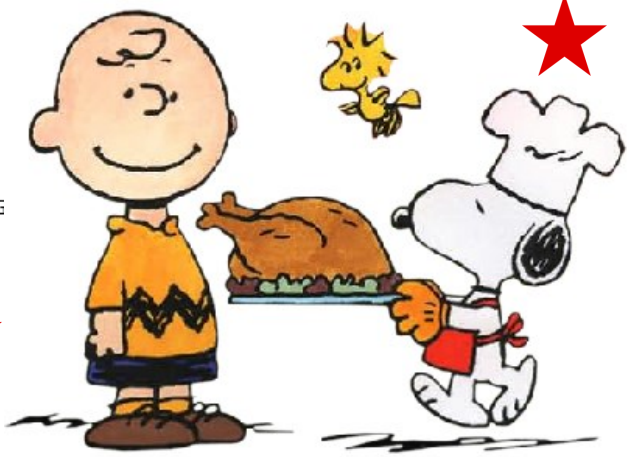
NOVEMBER

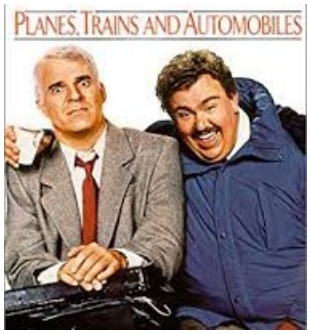
WORD SEARCH

L	L	A	F	A	T	C	W	T	M	C	R	N	H	P	V
R	I	E	Y	C	U	N	G	A	O	E	E	S	S	U	X
P	O	T	A	I	R	U	I	L	W	W	I	N	N	M	Z
I	O	S	D	R	K	Z	O	O	W	D	A	H	H	P	J
L	A	N	I	E	E	N	L	O	N	T	T	A	H	K	Y
G	F	A	L	M	Y	F	R	A	I	U	R	S	E	I	L
R	R	I	O	A	Y	L	T	R	O	V	A	O	H	N	I
I	E	D	H	A	D	S	U	M	E	U	N	L	I	P	M
M	E	N	M	S	S	P	Y	S	Q	A	A	M	G	I	A
S	D	I	P	E	E	L	T	S	C	E	M	O	B	E	F
M	O	N	L	L	P	A	I	P	O	C	U	N	R	O	C
E	M	I	G	N	I	V	I	G	S	K	N	A	H	T	Q
E	M	S	H	R	E	B	M	E	V	O	N	Y	A	M	S
A	D	N	A	L	G	N	E	M	D	N	C	D	F	W	E
R	W	V	E	D	U	T	I	T	A	R	G	T	Y	K	E
R	E	G	N	I	F	F	U	T	S	P	T	S	A	E	F



AMERICA
CANOE
COLONY
CORNUCOPIA
ENGLAND
FALL
FAMILY
FEAST
FREEDOM
GRATITUDE
HARVEST
HOLIDAY
INDIANS
MAIZE
MAYFLOWER
MILES STANDISH
NEWWORLD
NOVEMBER
PILGRIMS
PLYMOUTH
PUMPKIN PIE
PURITANS
SQUASH
STUFFING
THANKSGIVING
TURKEY
YAMS





BAY COUNTY
MEDICAL
CARE FACILITY

FACILITY PHONE GUIDE

NURSES STATIONS:

1EAST: 1070 1WEST: 1071 2EAST: 1072 2WEST: 1073

ADMINISTRATOR:

Ruth MacAlpine — 1030

ASSISTANT ADMINISTRATOR:

Maureen MacKenzie — 1032

BUSINESS OFFICE MANAGER:

Michele Wiegand — 1055

SECRETARY:

Carisma Player — 1033

BILLING:

Jamie Gasta — 1038

Jodi Dufort — 1039

Jill LeBrun — 1040

FINANCE DIRECTOR:

Mike Regulski — 1031

MEDICAL RECORDS:

Shanell Campbell — 1137

Lacy Wall — 1138

PURCHASING DIRECTOR:

Carrie Brozewski — 1034

PURCHASING AND ACCOUNTING:

Thomas Hine — 1036

ACCOUNTS PAYABLE:

Trisha Fritz — 1035

ACCOUNTING:

Taylor Thomas — 1090

PHYSICIAN

Tazeen Ahmed —1116

PAYROLL:

Renee Panzner — 1037

DIRECTOR OF NURSING:

Connie Kolat — 1113

ASSISTANT DIRECTORS OF NURSING:

Bobbie Jo Herdman — 1114

Jodi Kelly — 1115

RESTORATIVE NURSING COORD.:

Thomas Kolat — 1096

RESTORATIVE LPN's

Jennifer Ronk — 1094

Cheryl Lauzon — 1095 (wound phone 989-450-6423)

Mary Thompson — 1097

INFEC. PREV/INSERVICE DIRECTOR:

Candy King — 1060

INFECTION PREV/ INSERVICE NURSE:

Annette Syring — 1061

INSERVICE ED. AND NURSE MENTOR:

Gayle Hill — 1062

MDS COORDINATOR:

Jessica Hugo — 1088

QUALITY MANAGER:

Alissa Licht — 1091

BAY COUNTY MEDICAL CARE FACILITY

FACILITY PHONE GUIDE

Beauty Shop — 3001

Cafeteria — 3002

Conference Room — 1041

In-service — 3308

NURSE MANAGERS: 989-778

Jacqueline Halsowski — 0041

Jessica Parish — 0025

Teresa Humes — 0043

Amanda Blasius — 0027

ACTIVITIES DIRECTOR:

Pam O'Hare — 1046

ASSIST. ACTIVITIES DIRECTOR:

Sarah Caldwell — 1048

DIETARY DIRECTOR:

Andra Shier — 1064

REGISTERED DIETITIANS:

Danielle Maguire — 1066

Rebecca Pitman — 1065

HOUSEKEEPING/LAUNDRY:

Susan Samson — 1122

ENVIRONMENTAL SERVICES:

Gary Phillips, Director — 1130

Jim Adamets, Asst. Director — 1131

Maintenance — 1135

HUMAN RESOURCES DIRECTOR:

Kristal Gonzales — 1102

HR/EMPLOYEE BENEFITS:

Angie Banks — 1101

Kitchen — 1067

Lab — 1099

Laundry — 3005

Report Room — 1095

ADMISSIONS COORDINATOR:

Kate Tacia — 1045

ADMISSIONS CLERK:

Stefanie Rusch — 1044

DISCHARGE PLANNER:

Amanda Smith — 1057

CASE MANAGERS:

Sarah Griffor — 1123

Jordan Weiler — 1124

REHAB DIRECTOR:

Kim Heritier — 1139

Rehab Dept. — 1140

SOCIAL WORKERS:

Dawn Gould, Director — 1050 (Rooms 105-1 to 167-2)

Shae Nelson — 1053 (Rooms 169-1 to 233)

Kristy Baldwin — 1052 (Rooms 234-1 to 299-2)

MARKETING LIAISON:

Brandi D' Archangel — 1109

CENTRAL SUPPLY:

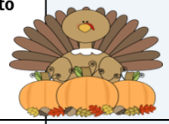
Geralyn Sterner — 1108

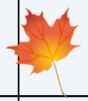
BAY COUNTY MEDICAL CARE FACILITY

NOVEMBER 2019 ACTIVITY CALENDAR

1 = 1st Floor activity room
2 = 2nd Floor Rec. room
D = Dining Rooms
C = Chapel
W=Wing
O = Outside
F= Family Room

Activity Department is open 7 days a week 7:30 a.m. 7:30 p.m. & Tuesday & Wednesday 7:30 a.m. -8:00 p.m. Bedside visits occur throughout the day. Activities are subject to change & are adaptable to residents physical & cognitive abilities.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3 10:30a Coffee Social-1&2 2:00 p.m. Bingo-2 4-45pm High Low-D *TIME CHANGE* 	**4** 9:30 a.m. Rock In Restorative-D 10:30 a.m. Nail Care-D 2:00 p.m. Linda Lee-2 4-45pm Nail Care- D 6:30p.m.Game Night-2	**5** 9:30 a.m. Rock In Restorative-D 10:30 a.m. Bake Club-D 2pm Bob Barcalow-2 4-45p Hand Massages- D 6:30 p.m. Bingo-2 *ELECTION DAY*	**6** 9:30 a.m. Rock In Restorative-D 11am Shopping Outing-O 10:30 a.m. Coffee Hour & Sunshine String Band -2 1:15p Dishing w/ Dinning-1E 2:00pm Bible Study-C 4-45pm- Craft Corner- D 6:30 p.m.-Vegas Night-2	**7** 9:30 a.m. Rock In Restorative-D 10:30 a.m. Spa-1&2 1:15 p.m. Lutheran Service-C 2:00 p.m. Mass-C 2:30 Red Hat-2 4-4:45pm Bulletin Board Trivia- D 	**8** 9:30a.m. Rock In Restorative-D 10:30 a.m. Bingo-2 2:00 p.m. Kris Pride & Cappuccino-2 3:00 p.m. Popcorn-W 4-4:45 Dr. Phil- D *National Cappuccino Day!*	**9** 10:30 a.m. Vet's Discussion-D 2:00 p.m. Fall Social-1&2 4-4:45p.m. Top Picks with Netflix-D 7:00 p.m. Lawrence Welk-D
10 10:30 a.m. Coffee Social1&2 2:00pm BINGO-2 4-4:45pm Euchre-D 	**11** 9:30 a.m. Rock In Restorative-D 10:30a Nail Care-D 1:30 p.m. Rosary-C 1:45pm Veteran's Memorial Service-2 4-45pm Nail Care- D 6:30 p.m. Game Night-2	**12** 9:30 a.m. Rock In Restorative-D 10:30 a.m. Bake Club-D 2:00 p.m. Cricket Class-2 4-45pm Hand Massages- D 6:30 p.m. Bingo-2 	**13** 9:30 a.m. Rock In Restorative-D 10:30 a.m. Coffee Hour with Dining Committee- 1& 2 1:15pm Dishing with Dinning-1W 2:00 p.m. Bible Study-C 4-45pm- Craft Corner- D 6:30 p.m. Vegas Night-2	**14** 9:30 a.m. Rock In Restorative-D 10:30 a.m. Spa Hour-2 10:30 a.m. Casino Outing-O 1:15 p.m. Lutheran Service-C 2:00 p.m. Harold Miller-C 4-4:45pm Person, place or thing -D 	**15** 9:30 a.m. Rock In Restorative-D 10:30 a.m. Bingo-2 2:00 p.m. Hunting Social-2 3:00 p.m. Popcorn-W 4-4:45 Dr. Phil- D Opening Day for Rifle Hunting! 	**16** 10am Bazaar Outing-O 10:30 a.m. Movie: A Charlie Brown Thanksgiving- 2 2:00 p.m. Spelling Bee-1 &2 4-4:45p.m. Top Picks with Netflix-D 7:00 p.m. Lawrence Welk-D
17 10:30a.m.Coffee Social-1&2 2:00 p.m. Bingo-2 4-4:45pm Yahtzee- D 	**18** 9:30 a.m. Rock In Restorative-D 10:30 a.m. Nail Care-D 2:00p High Fidelity- 2 4-45pm Nail Care- D 6:30 p.m. Game Night-2	**19** 9:30 a.m. Rock In Restorative-D 10:30 a.m. Bake Club-1 11:00 Bowling Outing-O 2:00 p.m. Uncle Bill-2 4-45pm Hand Massages- D 6:30 p.m. Bingo-2	**20** 9:30 a.m. Rock In Restorative-D 10:30 a.m. Coffee Hour-D 1:15pm Dishing with Dinning-2E 2:00 p.m. Bible Study-C 2:00 p.m. Cook Club-1 4-45pm- Craft Corner- D 6:30 p.m. Vegas Night-2	**21** 9:30 a.m. Rock In Restorative-D 10:30 a.m. Spa-D 1:15 p.m. Lutheran Service-C 2:00 p.m. Double Take Birthday Party! -2 4-4:45pm Current events- D	**22** 9:30 a.m. Rock In Restorative-D 10:30 a.m. Bingo-2 2:00 p.m. Fall Craft w/Sarah-2 3:00 p.m. Popcorn-W 4-4:45 Dr. Phil- D	**23** 10:30a November In History-D 2:00 p.m. BINGO-2 4-4:45p.m. Top Picks with Netflix-D 7:00 p.m. Lawrence Welk-D 
24 10:30a Coffee Social-1&2 2:00p.m. Peoples Baptist-C 4-4:45pm Uno-D 	**25** 9:30 a.m. Rock In Restorative-D 10:30 a.m. Nail Care-D 11a.m. Casino Outing-O 2:00 p.m. Arlyn-2 4-45pm Nail Care- D 6:30 p.m. Game Night-2	**26** 9:30a Rock In Restorative-D 10:30 a Cake: Bake Club-D 10:30 a.m. Res.Council-1 12:30p Council Luncheon-1 2:00 p.m. Hymn Sing-C 4-45pm Hand Massages- D 6:30p.m. Bingo-2 *National Cake Day!*	**27** 9:30a.m. Rock In Restorative-D 10:30 a.m. Coffee Hour-D 1:15pm Dishing with Dinning-2W 2:00 p.m. Bible Study-C 4-45pm- Craft Corner- D 6:30 p.m. Vegas Night-2 	**28** 9:30a Rock In Restorative-D 10:30 a.m. Macy's Thanksgiving Parade-D 2p Thanksgiving Social-1&2 4-4:45pm I'm thankful for- D 	**29** 9:30a Rock In Restorative-D 10:30 a.m. Bingo-2 *2:00 p.m. Black Friday Bingo Store-2* 3:00 p.m. Popcorn-W 4-4:45 Dr. Phil- D	**30** 10:30a Euchre Tournement-1 2:00 p.m. Happy Hour-1&2 4-4:45p.m. Top Picks with Netflix-D 7:00 p.m. Lawrence Welk-D